



Celebrating **7 years** of making an impact on mental health care.

View the stats below to see how far we've come and how you can help us go even further in achieving our mission of improving mental health care...together.



67,000+
Members



183+
Interactive
Webinars

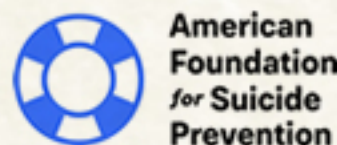


1,000+
Live & Virtual Live
Events



7,700+
Mental Health
Resources

57 Supporting Organizations



5

Social Media
Channels



Facebook, Instagram,
Twitter, LinkedIn &
YouTube

4

PsychU Podcast
Channels



Apple Podcasts, Google
Podcasts, Spotify &
iHeartRadio

1 MISSION

Improving Mental Health Care...Together

7 Ways to help PsychU achieve our mission:



Become a Member!

Access our free community and online library of mental health resources to connect with peers, mental health experts and an online library of educational resources.



Share PsychU with a friend.

Tell a friend about PsychU's community, resources, or events so they can learn more about the latest in mental health.



Attend a PsychU event.

Learn and connect with thought leaders and experts in the mental health field in PsychU's virtual and in-person events.



Request a presentation.

Request a free presentation, either virtual or in-person, on a multitude of mental health topics for your region or organization.



Complete a PsychU Learning Track.

Quickly learn more about the mental health topics that matter the most to you.



Become a Supporting Organization of PsychU.

Supporting organizations share PsychU's vision, and stand along side us as contributing partners and supporters



Apply what you learned on PsychU in practice!

Learn something new on PsychU? Apply this new knowledge in the real world everyday to help us improve mental health care!