

# Agitation

## RESOURCE LIBRARY

Individuals with **Alzheimer's disease** may experience **agitation**, a common and distressing behavior to the individual, their family, and the provider.

Unless recognized early and effectively managed, agitation can lead to aggression and increased risk of injury to self and others. It is important to identify the source of agitation in order to arrive at a resolution.

In the Agitation Resource Library, PsychU brings you valuable information about current research, treatment, interventions, and more.

### Discover These Resources & More

- **"Lighting Your Way": A Digital Tool For Caregivers Of Loved Ones With The Behavioral Symptoms Of Dementia**
- **The Treatment Of Depression In Older Adults: An Evidence-Based Practices Toolkit**
- **Mental Wellness Across The Lifespan Series: Older Adult Infographic**
- **Mental Health Across The Lifespan: Late Life Depression**
- **Neuropsychiatric Symptoms In Alzheimer's Disease: A Focus On Agitation**
- **How To Engage Older Adults With Digital Health**



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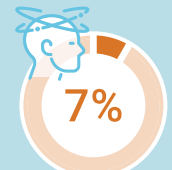
**1 in 9 people**

(10.7%) age 65+ has Alzheimer's dementia<sup>1</sup>

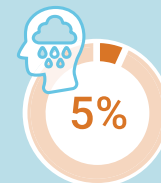
### Most Common Mental Health Conditions In Older Adults



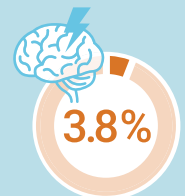
Alzheimer's Disease<sup>1</sup>



Dementia<sup>2</sup>



Depression<sup>2</sup>



Anxiety<sup>2</sup>



**Deaths From Self-Harm**

Are Among People 60+<sup>2</sup>

### Prevalence Of Agitation In Alzheimer's Disease/Dementia Across Various Settings

**53%**

In Long-term Care<sup>3</sup>

**61%**

Community-Dwelling<sup>4</sup>

#### References:

1. Alzheimer's Association. 2016 Alzheimer's Disease Facts and Figures. Alzheimer's and Dementia 2016;12(4):405-509.
2. World Health Organization. (2017, December 12). *Mental Health Of Older Adults*. Retrieved June 14, 2022, from <https://www.who.int/news-room/fact-sheets/detail/mental-health-of-older-adults>.
3. Filitt H, Aigbogun MS, Gagnon-Sanschagrin P, et al. Impact of agitation in long-term care residents with dementia in the United States. *Int J Geriatr Psychiatry*. 2021;36(12):1959-1969. doi:10.1002/gps.5604.
4. Halpern R, Seare J, Tong J, Hartry A, Olajoye A, Aigbogun MS. Using electronic health records to estimate the prevalence of agitation in Alzheimer disease/dementia. *Int J Geriatr Psychiatry*. 2019;34(3):420-431. doi:10.1002/gps.5030.