



988: What's the scoop?

A discussion with experts in suicide prevention and
mental health

Featured Speakers & Moderator



**Jonathan Singer, PhD,
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Psychiatrist &
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the American Foundation
for Suicide Prevention



**Moderator:
Rachel Self, PhD, MS**
Clinical & Scientific
Director
Otsuka Neuroscience
Field Medical Affairs

If you or someone you know is in crisis, call:

Suicide Prevention

Hotline/Lifeline

1-800-273-TALK(8255)

Or text:

Crisis Text Line

741-741

OR

Dial 988

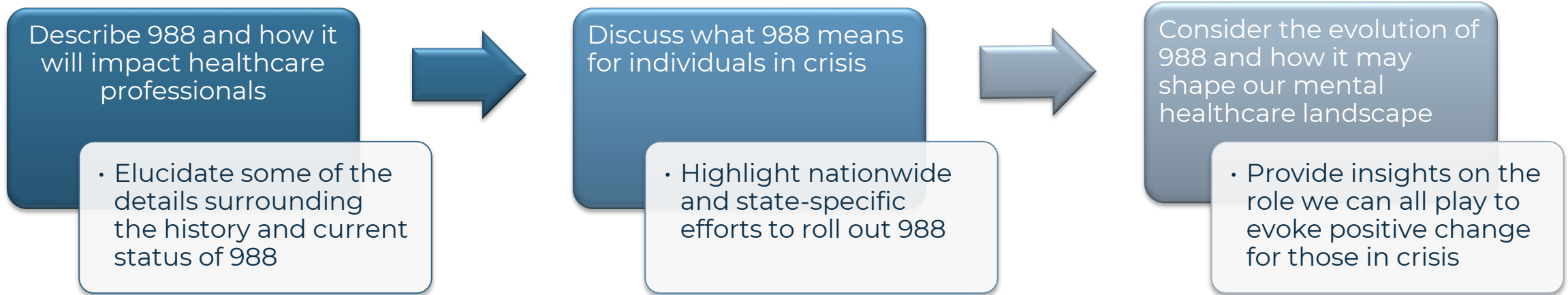
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Lundbeck, LLC.

Speakers are paid consultants for Otsuka
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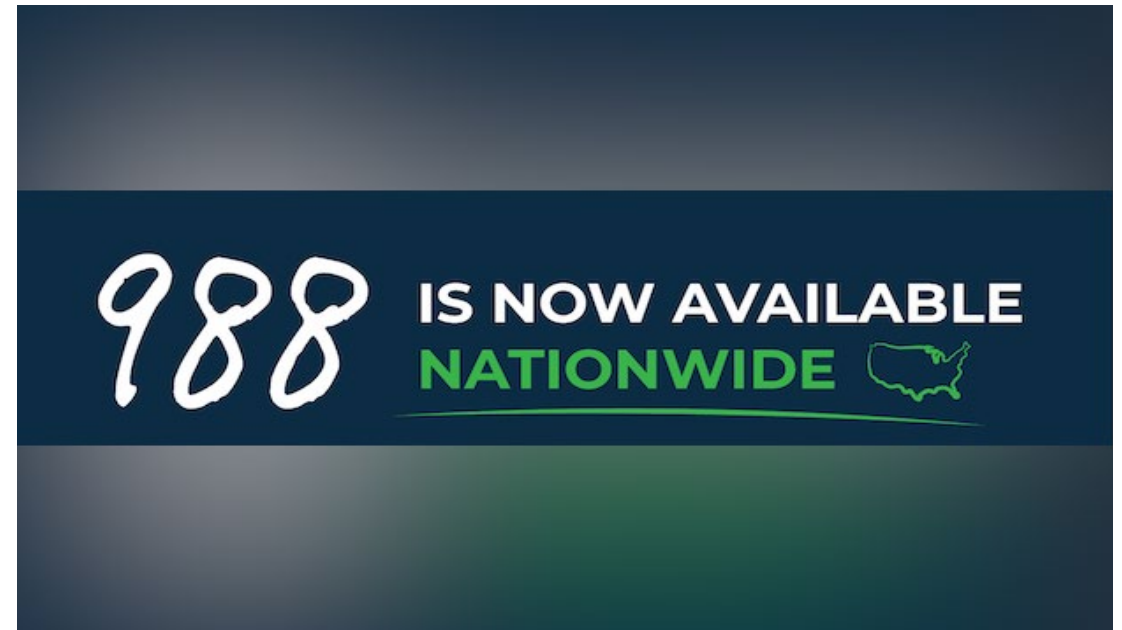
- Otsuka Pharmaceutical Development & Commercialization, Inc. (OPDC) and Lundbeck, LLC. have entered into collaboration with *OPEN MINDS*, to explore new ways of bringing/increasing awareness around serious mental illness.
- OPDC/Lundbeck's interaction with *OPEN MINDS* is through PsychU, an online, non-branded portal dedicated to providing information and resources on important disease state and care delivery topics related to mental illness. One of the methods employed for the sharing of information will be the hosting of webinars. Webinars conducted by OPDC/Lundbeck are based on the following parameters:
- When conducting medical dialogue, whether by presentation or debate, OPDC/Lundbeck and/or its paid consultants aim to provide the viewer with information that is accurate, not misleading, scientifically rigorous, and does not promote OPDC/Lundbeck products.
No continuing medical education (CME) credits are available for any PsychU program.
- OPDC/Lundbeck and/or their paid consultants do not expect to be able to answer every question or comment during a PsychU webinar; however, they will do their best to address important topics and themes that arise.
- OPDC/Lundbeck and/or their paid consultants are not able to provide clinical advice or answer questions relating to specific patient's condition.
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Objectives



What is 988?

- 988 is envisioned to be the nationwide, easy-to-remember, 3-digit dialing code for individuals in crisis to connect to suicide prevention and mental health crisis counselors with the National Suicide Prevention Lifeline
- Anyone, anywhere in the U.S. can now call, chat, or text 988 and receive resources and supports during a suicide, mental health, or substance use crisis.
- The ultimate goal of 988 is to provide an effective alternative to 911, so that individuals experiencing a crisis can receive appropriate and supportive assistance during their time of need



1. American Foundation for Suicide Prevention website accessed August 9, 2022: <https://afsp.org/988-suicide-and-crisis-lifeline#988-suicide-and-crisis-lifeline>

988 Transition History



- August 2019: The Federal Communications Commission (FCC) staff first proposed 988 to Congress
- October 2020: The National Suicide Hotline Designation Act of 2020 was signed into law, incorporating 988 into statute as the new Lifeline and Veterans Crisis Line phone number
- November 2021: The FCC adopted rules to expand access to text 988 to directly reach the Lifeline to better support at-risk communities in crisis, including youth and individuals with disabilities
- July 16, 2022: All phone companies and text messaging providers are required to route all calls and text messages to “988” to the 988 Suicide and Crisis Lifeline

1. Federal Communications Commission website accessed August 9, 2022: 988 Suicide and Crisis Lifeline | Federal Communications Commission (fcc.gov) Fact Sheet

Facts about 988

- Services provided in English and Spanish¹
- Language Line Solutions available to provide translation services in over 250 additional languages¹
- Callers are connected with a local counselor in their own state OR, if the local center is unable to answer, the Lifeline reroutes calls to backup centers in their network, both in- and out-of-state¹
- 988 does not have geolocation services¹
- Veteran Support: For calls, pressing “1” after dialing 988 will connect you directly to the Veterans Crisis Lifeline which serves our nation’s Veterans, service members, National Guard and Reserve members, and those who support them²
- Funds are needed to expand the Lifeline’s capacity, infrastructure, and workforce¹

1. American Foundation for Suicide Prevention website accessed August 9, 2022: <https://afsp.org/988-suicide-and-crisis-lifeline#988-suicide-and-crisis-lifeline>

2. Federal Communications Commission website accessed August 9, 2022: 988 Suicide and Crisis Lifeline | Federal Communications Commission (fcc.gov) Fact Sheet



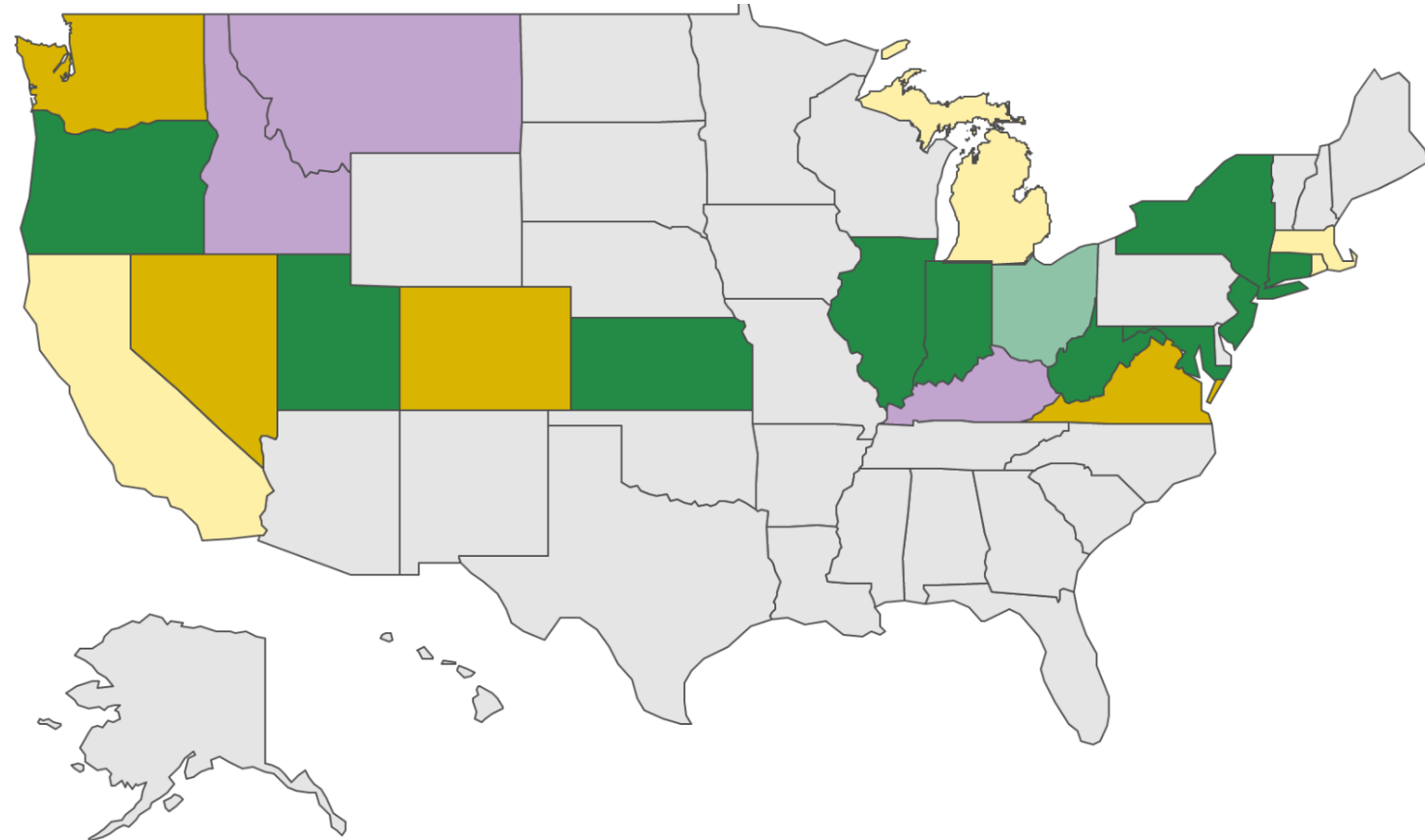
988 State-Specific Efforts

988 Model Bills,
Implementation Playbooks,
and Toolkits available:

<https://www.nasmhpd.org/content/988-transforming-crisis-systems-resources>

<https://afsp.org/988-suicide-and-crisis-lifeline#988-suicide-and-crisis-lifeline>

[988 Suicide & Crisis Lifeline | SAMHSA](#)



- Comprehensive 988 implementation legislation enacted
- Comprehensive 988 implementation legislation pending
- Considered comprehensive 988 legislation and did not pass
- No 988 legislation considered (excludes appropriations, study bills)
- Partial 988 implementation legislation enacted
- Partial 988 implementation legislation pending

1. National Alliance on Mental Illness (NAMI) website accessed August 9, 2022: <https://reimaginecrisis.org/map/>

Future of 988...



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- 988 dialing code represents a **monumental opportunity** to transform the way we as a country respond to suicide, mental health, and substance use crises
- The Substance Abuse and Mental Health Services Administration (SAMHSA) predicted that, in the first year of 988 operations, contacts to the Lifeline would **increase more than twofold**.
- It is imperative that all in crisis have **someone to talk to, someone to respond, somewhere to go**.
- It is vital that 988 serves as a **bridge across the entire crisis care continuum**, from call centers to mobile crisis response teams to crisis stabilization facilities
- 988 & 911 need to be closely coordinated
- **What role can you play?**

1. American Foundation for Suicide Prevention website accessed August 9, 2022: <https://afsp.org/988-suicide-and-crisis-lifeline#988-suicide-and-crisis-lifeline>

Suicide Awareness & Prevention Resources

Suicide Awareness

Suicidology is the scientific study of suicidal behavior, the causes of suicidality, suicide prevention, and other aspects within the field of suicide-focused research. In this resource library we aim to provide valuable and timely information related to suicidology and raise awareness on this important issue.



1. PsychU website accessed August 9, 2022, resource brochure available at: <https://psychu.org/resource-library/suicide-awareness>

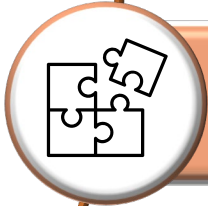
Summary



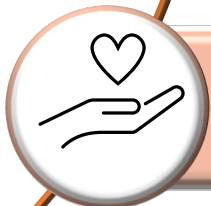
Suicide is a complex, multifactorial phenomenon that has been on the rise



988 provides an easy-to-remember, streamlined way to access services for those in crisis from anywhere in the nation



Challenges and opportunities are being identified at national and state-specific levels with concerted efforts in place to ensure the success of 988



988 represents a promising agent for the transformation of our evolving healthcare landscape, and we all have a role to play to effect positive change

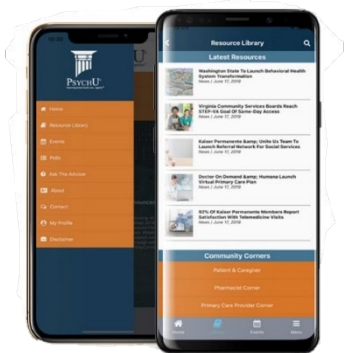
For more information or to request a more detailed live presentation on this topic from your local Medical Science Liaison, please visit
www.PsychU.org/events

www.PsychU.org

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