

# Impact Of Agitation Associated With Dementia Due To Alzheimer's Disease In Marginalized Communities

## Caring For An Individual With Agitation Associated With Dementia Due To Alzheimer's Disease Can Also Pose Special Challenges

**ALZHEIMER'S DEMENTIA CAN TAKE A TOLL ON CAREGIVERS AS THEY EXPERIENCE<sup>1-3</sup>:**



Financial difficulties



Increased emotional stress



New or worsening health problems

Caregivers of those with agitation associated with dementia due to Alzheimer's disease often face a heavy mental health burden, as the stress and demands of caring for someone with this condition can lead to feelings of sadness, anxiety, and exhaustion.<sup>9</sup>

**Professional caregivers, such as individuals who work as home health aides or at nursing homes, often face significant challenges as well.<sup>1</sup>**

Jobs performed by professional caregivers for individuals with dementia may include high levels of physical and emotional stress, such as lifting and cleaning their patients who may resist assistance or respond with agitated behaviors.<sup>1,4</sup>



With differences in how marginalized communities talk about agitation, culturally competent care for agitation among people living with dementia and care partners requires HCPs to understand the cultural humility and openness necessary to listen and seek to understand experiences and observations with agitation<sup>5</sup>



Screening tools, such as the AASC<sup>®</sup> tool, are now available to help caregivers and family members identify and communicate symptoms with their clinician<sup>6</sup>



## Limited Access To Health Care, Financial Resources, And Culturally Competent Care Can Exacerbate Impact In Marginalized Communities

These communities may face higher health care costs due to delayed diagnoses, increased hospital visits, and a lack of support for managing behavioral symptoms at home. This, in turn, increases the risk of institutionalization and mortality, as caregivers may lack resources or knowledge on dementia, often leading to increased adverse clinical outcomes.<sup>7-11</sup>

**The AASC<sup>®</sup> tool** is a pragmatic and easy-to-use tool developed to screen for agitation associated with dementia due to Alzheimer's disease.

*Available in other languages, the AASC<sup>®</sup> tool is an accessible resource for caregivers of various cultures.*



**SCAN TO VISIT  
THE AGITATION  
IN ALZHEIMER'S  
SCREENER FOR  
CAREGIVERS  
(AASC<sup>®</sup>) TOOL**  
[www.theassc.com/  
aasc-screener](http://www.theassc.com/aasc-screener)

**Abbreviations:** AASC<sup>®</sup>, Agitation in Alzheimer's Screener for Caregivers; HCP, health care provider.

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PsychU is supported by Otsuka Pharmaceutical Development & Commercialization, Inc. (OPDC) and Otsuka America Pharmaceutical, Inc. (OAPI) — committed supporters of the mental health treatment community. The information provided through PsychU is intended for the educational benefit of mental health care professionals and others who support mental health care. It is not intended as, nor is it a substitute for, medical care, advice, or professional diagnosis. Health care professionals should use their independent medical judgement when reviewing PsychU's educational resources. Users seeking medical advice should consult with a health care professional. No CME or CEU credits are available through any of the resources provided by PsychU. Some of the contributors may be paid consultants for OPDC and OAPI. ©2025 Otsuka Pharmaceutical Development & Commercialization, Inc. All rights reserved.