



Improving Mental Health Care Together with PsychU

About PsychU

Our Mission

Improving Mental Health Care ... *Together*

Our members share one simple belief:

Enhanced information, increased collaboration, and ongoing discussion will lead to improved mental health care and patient outcomes for individuals with mental illnesses.

Who Is PsychU?

Our community is comprised of **70,000+** members, who provide, regulate or administer mental health services in a variety of capacities.



Psychiatrists



Physicians



Nurse Practitioners



Physicians Assistants



Management Administration - Payers



Management Administration - Providers



Medical/ Clinical Directors



Pharmacists



Nurses



Psychologists



Case Managers



Therapists/ Social Workers



Academia

AND MORE!



PsychU Over The Years

2014
INCEPTION

2015
FIRST YEAR



2017

THE 2017 EDITION

TRENDS IN BEHAVIORAL HEALTH:
A Reference Guide on the U.S. Behavioral Health Financing & Delivery System

Brought to you by
Otsuka

PARTNERSHIP & POPULATION HEALTH

2018 EXPANSION

PsychU Resource Library

This easily searchable online library contains thousands of resources on the latest mental health care developments, treatment best practice guidelines, market trends, research studies, innovative programs, decision support tools, and more. Dozens of new articles and resources are posted each week, many of which are highlighted in the PsychU community newsletters emailed to members.

Our Community's Topics:

- Bipolar Disorder
- Major Depressive Disorder
- Schizophrenia
- Co-Occurring Substance Use Disorder
- Wellness
- Stigma
- Care Coordination
- E-Health & Technology
- Health Care Policy & Legislation
- Paper & Financing Models
- Quality Standards & Performance Measures

Get On-Demand Mental Health Information, In The Medium You Prefer:

- Summaries Of Current Research
- Written News & Perspective Articles
- Audio Recordings & Podcasts
- Video Interviews & Presentations
- Downloadable Resources

MENTAL WELLNESS
MENTAL HEALTH AWARENESS MONTH
Mental Wellness Across The Lifespan

Click to explore the life stages: Childhood, Adolescence & Early Adulthood, Adulthood, Older Adulthood

Good Mental Health Is Integral To Overall Health & Well Being!

A person's mental health and many common mental disorders can be shaped by various social, economic, and physical environments operating at different stages of life!

It is of major importance that action is taken to improve the conditions of everyday life beginning before birth and progressing into early childhood, older childhood and adolescence, during young adulthood and working age, and through to old age. Action throughout these life stages could provide opportunities for improving population mental health!

2021
COMMUNITY WELLNESS

2016

PsychU Patient & Caregiver RESOURCE CENTER

PsychU is an educational resource supported by Otsuka Pharmaceutical Development & Commercialization, Inc. (OPDC) © 2021 Otsuka Pharmaceutical Development & Commercialization, Inc., Rockville, MD November 2021 US ODPH/PC-21-0085

PATIENT CENTRICITY

SUBSCRIBE TODAY

PsychU Community PODCAST

Improving mental health care...together

2019

GROWTH WITHIN THE COMMUNITY

PsychU Introducing... **PsychU sim**
DISEASE STATE EDUCATION SIMULATOR

MAJOR DEPRESSIVE DISORDER

SCHIZOPHRENIA

BIPOLAR DISORDER

PsychU sim is an interactive experience showcasing a scientific and holistic view of the nuanced illness progression within various psychiatric disorders.

Follow along various treatment journeys within multiple psychiatric disease states exploring:

3D animations, psychiatric rating scales, patient videos, interactive 2D images, infographics, and more.

Visit PsychU sim at <https://www.psychu.org/psychusim/>

PsychU sim is a disease state education simulator

PSYCHUSIM

2020

PsychU Celebrating 7 years of making an impact on mental health care.

View the stats below to see how far we've come and how you can help us go even further in achieving our mission of improving mental health care...together.

67,000+ Members	183+ Interactive Webinars	1,000+ Live & Virtual Live Events	7,700+ Mental Health Resources
57 Supporting Organizations	5 Social Media Channels	4 PsychU Podcast Channels	

ReENGAGE

2022

Each year, the PsychU Leadership Team selects an annual theme to guide the community's content and discussions.

2022 Annual Theme



Opportunities IN MENTAL HEALTH

Care in the New Normal – Innovations in Care Delivery – Integrated Care Delivery – Organization Transformation – Innovation – Digital Health – Quality of Care – Patient-Centered Care – Social Determinants of Health & More...

This year, opportunities in mental health focuses on the positive changes that can come about as mental health care continues to evolve post-pandemic. Join in the dialogue as the industry seizes new opportunities in mental health. #JoinTheConversation this year as #PsychU focuses in on **Opportunities in Mental Health** with our campaign **Innovative. Empowered. Integrated.**

Customize Your Learning Experience

Resource Library

HOME ABOUT RESOURCE LIBRARY COLLECTIONS EVENTS Q

MENTAL HEALTH DISORDERS	TOPICS OF INTEREST
AGITATION	CARE COORDINATION
ANXIETY DISORDERS	DIGITAL HEALTH
BIPOLAR DISORDER	DIVERSITY, EQUITY, & INCLUSION
COGNITION	EARLY EPISODE PSYCHOSIS
DEPRESSION	HEALTH CARE POLICY & LEGISLATION
EATING DISORDERS	NEUROSCIENCE
PERSONALITY DISORDERS	PAYER & FINANCING MODELS
PTSD/TRAUMA	QUALITY STANDARDS & PERFORMANCE MEASURES
SCHIZOPHRENIA	STIGMA
SUBSTANCE USE DISORDERS	SUICIDE AWARENESS
WOMEN'S HEALTH	WELLNESS

PsychU Roleplay

Welcome to a virtual role-play created for you to practice your communication skills

This interactive experience is your opportunity to interact with fictional representations of the people you speak with. You'll choose your scenario and have a discussion with a patient, a parent or a multi-disciplinary team member. The goal of the conversation will be to accomplish the specific aim of the role-play you select.

Watch the video to see how it works

Play video

Events

HOME ABOUT RESOURCE LIBRARY COLLECTIONS EVENTS Q

WEBINARS	REQUEST A PRESENTATION
VIRTUAL & LIVE EVENTS	ON-DEMAND WEBINARS
SUPPORTER EVENTS	

PsychUsim

PSYCHU^{sim}

DISEASE STATE EDUCATION SIMULATOR

Welcome to the Disease State Education Simulator, an interactive experience showcasing the progression of different psychiatric disorders.

START EXPERIENCE

Collections

HOME ABOUT RESOURCE LIBRARY COLLECTIONS EVENTS Q

FEATURED	DISEASE MANAGEMENT & SUPPORT TOOLS
MONTHLY SPOTLIGHT	FRAMEWORKS IN HEALTH & QUALITY RESOURCES
PSYCHOPHARMACOLOGY	MENTAL HEALTH SYSTEM GUIDEBOOKS
LEARNING TRACKS	PATIENT & CAREGIVER RESOURCE CENTER
COMMUNITY INSIGHTS	PSYCHU ROLEPLAY
COMMUNITY PODCAST	PSYCHIATRIC SCALES
	PSYCHUSIM

Patient and Caregiver Resource Center

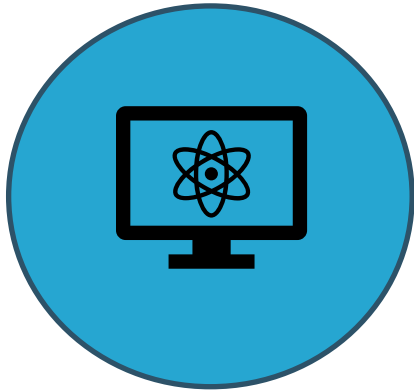
I am

<p>A Patient</p> <p>I have been diagnosed with a mental health condition, or I believe I have one.</p>	<p>A Caregiver</p> <p>I care and advocate for someone with a mental illness.</p>	<p>A Provider</p> <p>I am a health care professional who provides care to individuals with mental illness.</p>
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If you or someone you know is in crisis, please contact the Suicide Prevention Hotline/Lifeline at 1-800-273-TALK (8255), or text the Crisis Text Line at 741-741.

Supporters

Take Action!



Learn & Share

Connect with your local Clinical & Scientific Liaison to learn more and keep up to date with all that is happening on PsychU



Join US

Grow with us by becoming a member or supporting organization



Partnership

Let us collaborate with efforts to improve mental health together



Closing





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